

## ON THE ACCURACY OF CONSERVATION OF THE ADIABATIC INVARIANT\*

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A Hamiltonian system with one degree of freedom is considered. The system depends on the parameter  $\xi$  which varies slowly with time  $t$ :  $\xi = \xi(\epsilon t)$ ,  $0 < \epsilon \ll 1$  and tends in a sufficiently regular manner to well defined limits as  $t \rightarrow \pm\infty$ . When  $t \rightarrow \pm\infty$ , the adiabatic invariant, acting along the trajectory of such system, has the limit meanings  $I_{\pm}$ . Their difference  $\Delta I = I_{+} - I_{-}$  is estimated.

The problem of estimating  $\Delta I$  appears in classical mechanics /1,2/, quantum mechanics /3/ and in the theory of waveguides /4/. In the case when the dependence of  $\xi$  on  $\epsilon t$  is finite ( $\xi(\epsilon t) = \text{const}$  for sufficiently large  $\epsilon t$ ) and infinitely differentiable, the author of /5/ shows that  $\Delta I$  decreases, as  $\epsilon \rightarrow 0$ , faster than any power of  $\epsilon$ . For the linear systems with the frequency depending analytically on  $\epsilon t$ , the known asymptotic of  $\Delta I$  is found to be exponential  $\Delta I = O(\exp(-c/\epsilon))$ ,  $c = \text{const}$  /3,6/. An erroneous proof of the exponential smallness of  $\Delta I$  is given in /1/ for the case of an analytic  $\xi(\epsilon t)$  for the general nonlinear systems.

Below the problem of estimating  $\Delta I$  is considered with help of the perturbations procedure in the action-angle variables. For the case when the dependence of  $\xi$  on  $\epsilon t$  is finite and has a finite smoothness, a power asymptotics is obtained for  $\Delta I$  and the exponential smallness of  $\Delta I$  in  $\epsilon$  is proved for the case of analytic  $\xi(\epsilon t)$ .

1. Equations in the action-angle variables. The Hamiltonian of the problem in question has the form

$$E = E(p, q, \xi), \quad \xi = \xi(\lambda), \quad \lambda = \epsilon t \quad (1.1)$$

where  $p$  and  $q$  denote the canonical variables. We assume that  $E$  is an analytic function of  $p, q$  and  $\xi$ .

Let a region filled with closed trajectories exist for every  $\xi$  on the phase plane of the unperturbed ( $\xi = \text{const}$ ) problem. The action-angle variables of the unperturbed problem are defined in this region /1/. The action  $I = I(p, q, \xi)$  is an area divided by  $2\pi$ , bounded by an unperturbed trajectory passing through the point  $(p, q)$ . The angle  $\varphi = \varphi(p, q, \xi) \bmod 2\pi$  is an angular coordinate along the trajectory, varying uniformly in the unperturbed system. The variable change  $p, q \rightarrow I, \varphi$  is canonical and time-dependent. The change of the variables  $I, \varphi$  in the initial problem is described by a Hamiltonian system with the Hamiltonian

$$H(I, \varphi, \lambda) = H_0(I, \lambda) + \epsilon H_1(I, \varphi, \lambda) \quad (1.2)$$

where  $H_0$  is the original Hamiltonian of  $E$  expressed in terms of  $I$  and  $\lambda$

$$H_1 = (d\xi/d\lambda) G(I, \varphi, \lambda) \quad (1.3)$$

$$G = \frac{1}{\omega} \left[ - \int_0^{\varphi} \frac{\partial E}{\partial \xi} d\varphi + \frac{\varphi}{2\pi} \int_0^{2\pi} \frac{\partial E}{\partial \xi} d\varphi \right]$$

$$\omega = \omega(I, \lambda) = \partial H_0 / \partial I$$

and  $H$  is an analytic function of  $I$  and  $\varphi$ , and  $2\pi$ -periodic in  $\varphi$ .

We shall use the angle brackets  $\langle \cdot \rangle^{\varphi}$  for the  $2\pi$ -periodic functions of  $\varphi$  to denote the averaging over  $\varphi$ , and the curly brackets  $\{ \cdot \}^{\varphi}$  for the purely periodic part:  $\{ \cdot \}^{\varphi} = (\cdot) - \langle \cdot \rangle^{\varphi}$ . Further, in order to reduce the amount of notations used we shall assume that  $\langle H_1 \rangle^{\varphi} = 0$ , otherwise we shall have to replace, in the arguments that follow,  $H_0$  by  $H_0 + \epsilon \langle H_1 \rangle^{\varphi}$ , and  $H_1$  by  $\{ H_1 \}^{\varphi}$ .

2. The procedure of the perturbation theory. The procedure described here of asymptotic integration of the system with the Hamiltonian (1.2), analogous to that given in /7/, will be used to obtain the estimates of variation in the value of the adiabatic invariant.

Let us carry out, in the system with the Hamiltonian (1.2), a canonical, nearly identical variable transformation with a so far undefined generating function  $W = J\varphi + \epsilon S(J, \varphi, \lambda)$ . Here  $J$  and  $\psi$  are the new canonical variables connected with  $I$  and  $\varphi$  by the relations

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$$I = J + \varepsilon \frac{\partial S}{\partial \varphi}, \quad \psi = \varphi + \varepsilon \frac{\partial S}{\partial J} \quad (2.1)$$

The variation in  $J$  and  $\psi$  is described by a Hamiltonian system with the Hamiltonian

$$\Phi(J, \psi, \lambda) = \varepsilon^2 \frac{\partial S}{\partial \lambda} + H_0\left(J + \varepsilon \frac{\partial S}{\partial \varphi}\right) + \varepsilon H_1\left(J + \varepsilon \frac{\partial S}{\partial \varphi}, \varphi, \lambda\right) \quad (2.2)$$

In the right-hand part of (2.2)  $\varphi$  must be expressed in terms of  $J$  and  $\psi$  in accordance with (2.1). Let us choose

$$S = \frac{1}{\partial H_0 / \partial I} \left\{ \int_0^\varphi H_1 d\varphi \right\}^\varphi$$

Since  $\langle H_1 \rangle^\varphi = 0$ , the above expression is correct and  $S$  is a  $2\pi$ -periodic function of  $\varphi$  with a zero mean value. For  $S$  chosen in such a manner we have

$$\begin{aligned} \Phi &= H_0(J, \lambda) + \varepsilon^2 F \\ \varepsilon^2 F &= \varepsilon^2 \frac{\partial S}{\partial \lambda} + \left( H_0\left(J + \varepsilon \frac{\partial S}{\partial \varphi}, \lambda\right) - H_0(J, \lambda) - \varepsilon \frac{\partial H_0(J, \lambda)}{\partial J} \frac{\partial S}{\partial \varphi} \right) + \\ &\quad \varepsilon \left( H_1\left(J + \varepsilon \frac{\partial S}{\partial \varphi}, \varphi, \lambda\right) - H_1(J, \varphi, \lambda) \right), \quad F = O(1) \end{aligned} \quad (2.3)$$

Let us denote

$$\Phi_0 = H_0 + \varepsilon^2 \langle F \rangle^\psi, \quad \Phi_1 = \{F\}^\psi$$

Then the Hamiltonian will become

$$\Phi = \Phi_0(J, \lambda) + \varepsilon^2 \Phi_1(J, \psi, \lambda)$$

which is completely analogous to (1.2) except that the term depending on the phase  $\psi$  is now of the order of  $\varepsilon^2$ . Repeating the above procedure once more, we obtain a Hamiltonian in which the phase dependence appears only in the terms of the order of  $\varepsilon^3$ . Finally, after  $n$  steps of the above procedure we obtain the Hamiltonian in the form

$$\Phi(J, \psi, \lambda) = \Phi_0(J, \lambda) + \varepsilon^{n+1} \Phi_1(J, \psi, \lambda) \quad (2.4)$$

where the new variables and the Hamiltonian are still expressed in terms of  $J, \psi$  and  $\Phi$ .

Neglecting in the Hamiltonian (2.4) the last term, we obtain the following relations for the variation of  $J$  and  $\psi$  with time:

$$J = \text{const}, \quad \psi = \psi_0 + \frac{1}{\varepsilon} \int_{\lambda_0}^{\lambda} \frac{\partial \Phi_0(J, \psi)}{\partial J} d\lambda, \quad \psi_0 = \text{const} \quad (2.5)$$

Analysis of the corrections brought in by each consecutive step of the procedure shows that the relations (2.5) describe the variation in  $J$  with the accuracy of  $O(\varepsilon^{n+1})$  and in  $\psi$  with the accuracy of  $O(\varepsilon^n)$  on the time intervals of the order  $1/\varepsilon$  (provided that the step in question is feasible). From (2.3) we see that every step of the procedure reduces the smoothness of the Hamiltonian with respect to  $\lambda$ , by 1. It follows therefore that the number of steps which can be carried out depends on the smoothness  $H$  of the Hamiltonian with respect to  $\lambda$ .

**3. The asymptotics of variation of the adiabatic invariant for a finite perturbation of finite smoothness.** Let the perturbation be finite  $\xi(\lambda) \equiv \text{const}$  for  $\lambda < \lambda_-$  and  $\lambda > \lambda_+$ , where  $\lambda_{\pm}$  are constant. Let the first  $n-1$  derivatives of  $\xi(\lambda)$  be continuous (and hence vanish) at the point  $\lambda_{\pm}$ , and the  $n$ -th derivative be discontinuous, i.e.  $n > 1$ . Let the function  $\xi(\lambda)$  be differentiable  $n+2$  times for  $\lambda \in (\lambda_-, \lambda_+)$  and its derivatives bounded. We shall calculate the asymptotics of variation of the adiabatic invariant.

Let us denote by  $I(\lambda), \varphi(\lambda)$  the solution of a system with the Hamiltonian (1.2) and  $I_{\pm} = I(\lambda_{\pm}), \varphi_{\pm} = \varphi(\lambda_{\pm}), \Delta I = I_+ - I_-$ . We shall write, for a  $2\pi$ -periodic function  $f(\varphi)$  with zero mean value

$$(Lf)(\varphi) = - \left\{ \int_0^\varphi f(\gamma) d\gamma \right\}^\varphi$$

**Theorem 1.** The quantity  $\Delta I$  has the following asymptotics

$$\Delta I = \varepsilon^n (R(\lambda_+ - 0) - R(\lambda_- + 0)) + O(\varepsilon^{n+1}), \quad R(\lambda) = -\frac{\xi^{(n)}(\lambda)}{\omega^n(I_-, \lambda)} (L^{n-1}G)(I_-, \varphi_*(\lambda), \lambda) \quad (3.1)$$

where  $L^{n-1}$  denotes the operator  $L$  raised to the  $(n-1)$ -th power,  $G$  is given by (1.3), and

$$\varphi_*(\lambda) = \varphi_- + \varepsilon^{-1} \int_{\lambda_-}^{\lambda} \omega \left( I_- + \varepsilon \frac{H_1(I_-, \varphi_-, \lambda_- + 0)}{\omega(I_-, \lambda_-)}, v \right) dv$$

**Proof.** When  $\lambda \in (\lambda_-, \lambda_+)$ , the smoothness allows  $n+1$  steps of the procedure given in Sect.2. Let us denote by  $(J, \psi)$  the variables introduced in the  $n$ -th step, and by  $W = J\varphi + \varepsilon S(J, \varphi, \lambda)$  the generating function of the substitution  $(I, \varphi) \rightarrow (J, \psi)$ . Let  $J(\lambda), \psi(\lambda)$  denote the solution  $I(\lambda), \varphi(\lambda)$  in terms of the variables  $(J, \psi)$ . From the formulas for the substitution of variables it follows that

$$I(\lambda_+) - I(\lambda_-) = J(\lambda_+ - 0) - J(\lambda_- + 0) + \varepsilon \frac{\partial S(J(\lambda), \varphi(\lambda), \lambda)}{\partial \varphi} \Big|_{\lambda_-+0}^{\lambda_+-0} \quad (3.2)$$

and the assertion of Sect.2 concerning the accuracy of (2.5) yields

$$J(\lambda_+ - 0) - J(\lambda_- + 0) = O(\varepsilon^{n+1})$$

Analysis of the procedure of Sect.2 shows that

$$S(I, \varphi, \lambda_{\pm} \mp 0) = \frac{\varepsilon^{n-1}}{\omega^n(I, \lambda_{\pm})} \left( \frac{\partial^{n-1}}{\partial \lambda^{n-1}} L^n H_1 \right)_{\lambda=\lambda_{\pm} \mp 0}$$

Let us now substitute the above expression into the right-hand part of (3.2) and replace in  $S$   $J(\lambda)$  by  $I_-$  and  $\varphi(\lambda_+)$  by  $\varphi_*(\lambda_+)$ . The admissible error in this case is  $O(\varepsilon^{n+1})$ . Taking into account the expression for  $H_1$  (1.3), we obtain the required expression (3.1).

**Note.** The formula (3.1) can be rewritten in the form

$$\Delta I = - \int_{\lambda_-}^{\lambda_+} \frac{\partial H_1(I_-, \varphi_*(\lambda), \lambda)}{\partial \varphi} d\lambda + O(\varepsilon^{n+1})$$

since the asymptotics of the integral is given here by the right-hand part of (3.1).

**4. Exponential estimate of the variation of the adiabatic invariant for an analytic perturbation.** Let now the function  $\xi(\lambda)$  be analytic in some strip  $|\operatorname{Im} \lambda| < \rho$ . Let also the integral

$$\int_{-\infty}^{\infty} \left| \frac{d\xi}{d\lambda} \right| d\lambda \quad (4.1)$$

be uniformly bounded in this strip for the straight lines  $\operatorname{Im} \lambda = \text{const}$  and let  $d\xi/d\lambda \rightarrow 0$  as  $\operatorname{Re} \lambda \rightarrow \pm \infty$ . We shall assume, as before, that the initial Hamiltonian  $E(p, q, \xi)$  is an analytic function of its arguments, so that the passage to the action-angle variables yields the Hamiltonian  $H$  (1.2) analytic in the complex domain

$$|\operatorname{Im} \lambda| < \rho, \quad |I - I_0| < \kappa, \quad |\operatorname{Im} \varphi| < \sigma$$

where  $\kappa > 0, \sigma > 0, I_0$  are constants and  $I_0$  is real.

Let  $I(\lambda), \varphi(\lambda)$  be the solution of the Hamiltonian system in question, and  $I(0) = I_0$ . The convergence of the integral (4.1) implies the existence of

$$I_{\pm} = \lim_{\lambda \rightarrow \pm \infty} I(\lambda), \quad \Delta I = I_+ - I_-$$

**Theorem 2.** The variation of the adiabatic invariant  $\Delta I$  is exponentially small:  $\Delta I = O(\exp(-c_1/\varepsilon))$ ,  $c_1 > 0$  is a constant.

**Proof.** This is based on the procedure of Sect.3 and uses the technique of estimates given in /7,8/. After a large number of steps ( $\sim 1/\varepsilon$ ) of the procedure, the dependence of the Hamiltonian on phase concentrates in the exponentially small terms, and this implies the exponential smallness of  $\Delta I$ .

Let us pass to the estimates. We denote by  $\rho_0, \kappa_0, \sigma_0, \vartheta, \Theta, M_0$  the positive constants such, that when

$$|\operatorname{Im} \lambda| < \rho_0, \quad |I - I_0| < \kappa_0, \quad |\operatorname{Im} \varphi| < \sigma_0$$

then the inequalities

$$\vartheta < |\partial H_0 / \partial I| < \Theta, \quad |H_1| < M_0 \quad (4.2)$$

hold.

Consider the procedure of Sect.2. Let us carry out  $N \geq 0$  steps of this procedure. After the  $k$ -th step the Hamiltonian is reduced to the form

$$\Phi^{(k)}(I, \varphi, \lambda) = \Phi_0^{(k)}(I, \lambda) + \varepsilon \Phi_1^{(k)}(I, \varphi, \lambda), \quad \langle \Phi_1^{(k)} \rangle^\varphi = 0, \quad |\Phi_1^{(k)}| < M_k = M_k(\varepsilon)$$

in the region

$$\begin{aligned} |\operatorname{Im} \lambda| < \rho_k, \quad |I - I_0| < \kappa_k, \quad |\operatorname{Im} \varphi| < \sigma_k \\ \rho_k = \rho_0 - k\Delta, \quad \kappa_k = \kappa_0 - 4 \sum_{i=1}^k \delta_i, \quad \sigma_k = \sigma_0 - 4 \sum_{i=1}^k \beta_i \\ \delta_i = 2^{-i}\delta, \quad \beta_i = 2^{-i}\beta, \quad \delta = 1/8\kappa_0, \quad \beta = 1/8\sigma_0 \end{aligned} \quad (4.3)$$

We shall show that by choosing suitably  $\Delta = \Delta(\varepsilon)$ ,  $M_i = M_i(\varepsilon)$  we can obtain  $N \sim 1/\varepsilon$  such that the following estimates will hold at all steps of the procedure:

$$1/2\vartheta < |\partial \Phi_0^{(i)} / \partial I| < 2\Theta \quad (4.4)$$

$$\frac{\varepsilon M_i}{\delta_{i+1}} < \frac{\vartheta}{2}, \quad \frac{\varepsilon M_i}{\delta_{i+1}\beta_{i+1}} < \frac{\vartheta}{\pi}, \quad \frac{\Delta M_i}{\delta_{i+1}} < \frac{\pi\vartheta}{2\Theta} \quad (4.5)$$

The proof is by induction. The estimates (4.4) and (4.5) clearly hold for the initial Hamiltonian. Assume that they hold for  $k$  steps and, that  $\rho_{k+1} = \rho_k - \Delta > 0$ . Consider now the  $(k+1)$ -th step, denoting the new variables by  $J$  and  $\psi$ . The generating function of the variable change  $W$  has the form

$$W = J\varphi + \varepsilon S(J, \varphi, \lambda), \quad \frac{\partial S}{\partial \varphi} = - \frac{\Phi_1^{(k)}}{\partial \Phi_0^{(k)} / \partial I}, \quad \langle S \rangle^\varphi = 0 \quad (4.6)$$

Using the assumptions (4.4) and (4.5) we can show that when

$$|I - I_0| < \kappa_k - 2\delta_{k+1}, \quad |\operatorname{Im} \varphi| < \sigma_k - 2\beta_{k+1}$$

the change governed by the generating function  $W$  is well defined and the domain of variation of the new variables  $J, \psi$  contains the region

$$|J - I_0| < \kappa_k - 3\delta_{k+1}, \quad |\operatorname{Im} \psi| < \sigma_k - 3\beta_{k+1}$$

The proof duplicates the known argument of (/7/, Sect.4) and is therefore omitted.

Let us obtain the estimates for the new Hamiltonian. Using the Cauchy inequalities /7/, the definition of  $S$  (4.6) and the estimates (4.4), (4.5) we find that when

$$|\operatorname{Im} \lambda| < \rho_k - \Delta, \quad |I - I_0| < \kappa_k - 2\delta_{k+1}, \quad |\operatorname{Im} \varphi| < \sigma_k$$

then the inequalities

$$\left| \frac{\partial \Phi_1^{(k)}}{\partial I} \right| < \frac{M_k}{2\delta_{k+1}}, \quad \left| \frac{\partial^2 \Phi_0^{(k)}}{\partial I^2} \right| < \frac{\Theta}{\delta_{k+1}}, \quad \left| \frac{\partial S}{\partial \varphi} \right| < \frac{2M_k}{\vartheta}, \quad |S| < \frac{2\pi M_k}{\vartheta}, \quad \left| \frac{\partial S}{\partial \lambda} \right| < \frac{2\pi M_k}{\Delta\vartheta} \quad (4.7)$$

hold. The new Hamiltonian is computed according to (2.3). Estimating the right-hand part of (2.3) in the region

$$|\operatorname{Im} \lambda| < \rho_k - \Delta, \quad |J - I_0| < \kappa_k - 3\delta_{k+1}, \quad |\operatorname{Im} \varphi| < \sigma_k$$

we find, with the help of (4.4), (4.5) and (4.7), that

$$|\varepsilon F| < \varepsilon \left( \frac{2\pi M_k}{\Delta\vartheta} + \frac{M_k^2}{\delta_{k+1}\vartheta} + \frac{2M_k^2\Theta}{\delta_{k+1}\vartheta^2} \right) = \frac{2\pi\varepsilon M_k}{\Delta\vartheta} \left( 1 + \frac{\Delta M_k}{2\pi\delta_{k+1}} + \frac{\Delta M_k\Theta}{\pi\delta_{k+1}\vartheta} \right) < \frac{4\pi\varepsilon M_k}{\Delta\vartheta}$$

and this yields

$$|\Phi_1^{(k+1)}| = |\{\varepsilon F\}^\psi| < \frac{8\pi\varepsilon M_k}{\Delta\vartheta} \quad (4.8)$$

$$|\Phi_0^{(k)} - \Phi_0^{(k+1)}| = |\langle \varepsilon^2 F \rangle \Psi| < \frac{4\pi\varepsilon^2 M_k}{\Delta\theta} \quad (4.9)$$

Expression (4.9) and the Cauchy inequality together show that when  $|J - I_0| < \varkappa_k - 4\delta_{k+1}$  then

$$\left| \frac{\partial \Phi_0^{(k)}}{\partial J} - \frac{\partial \Phi_0^{(k+1)}}{\partial J} \right| < \frac{4\pi\varepsilon^2 M_k}{\Delta\theta\delta_{k+1}} \quad (4.10)$$

Let us write

$$\Delta = \frac{32\pi}{\theta} \varepsilon, \quad M_{k+1} = \frac{8\pi\varepsilon}{\Delta\theta} M_k = 1/4 M_k \quad (4.11)$$

Then

$$M_i = \left(\frac{1}{4}\right)^i M_0, \quad \frac{M_i}{\delta_{i+1}} = \left(\frac{1}{2}\right)^{i-1} \frac{M_0}{\delta}, \quad \frac{M_i}{\delta_{i+1}\beta_{i+1}} = \frac{4M_0}{8\beta}, \quad 0 \leq i \leq k+1 \quad (4.12)$$

and from this it is clear that the relations (4.5) remain valid for the  $(k+1)$ -th step of the procedure. Further, from (4.2) and (4.10)–(4.12) we obtain

$$\left| \frac{\partial \Phi_0^{(k+1)}}{\partial J} \right| > \theta - 1/4\varepsilon \sum_{i=0}^k \left(\frac{1}{2}\right)^i \frac{M_0}{\delta} > \theta - \frac{\varepsilon M_0}{2\delta}, \quad \left| \frac{\partial \Phi_0^{(k+1)}}{\partial J} \right| < \theta + \frac{\varepsilon M_0}{2\delta}$$

Since  $\delta = 1/8\varkappa = \text{const}$  it follows that for a sufficiently small  $\varepsilon$  the conditions (4.4) hold also for the  $(k+1)$ -th step.

In this manner we can repeat the variable change as long as  $\rho_k > 0$ . This means that we can carry out

$$N = \left\lfloor \frac{\rho_0}{\delta} \right\rfloor \geq \frac{\rho_0\theta}{32\pi\varepsilon} - 1$$

steps. After the  $N$ -th step we obtain

$$|\Phi_1^{(N)}| < M_0 \left(\frac{1}{4}\right)^N = O(\exp(-c_1/\varepsilon))$$

i.e.  $\Phi_1^{(N)}$  is an exponentially small quantity.

We shall show that the function  $\Phi_1^{(N)}$  is also exponentially small on the integral norm

$$\|\Phi_1^{(k)}\| = \sup_{|\text{Im}\lambda| < \rho_k} \int_{-\infty}^{\infty} \sup_{I, \varphi} |\Phi_1^{(k)}| d\lambda$$

where the upper bound of the integrand is taken over all  $I$  and  $\varphi$  belonging to the domain of definition of  $\Phi_1^{(k)}$  (4.2), the integral is taken along the straight line  $\text{Im}\lambda = \text{const}$ , and the upper bound preceding the integral is taken over all such lines with  $|\text{Im}\lambda| < \rho_k$ .

Let us return to the  $(k+1)$ -th step of the procedure of Sect.2. We shall obtain the estimate for the integral norm of the function  $\partial S/\partial\lambda$  in the strip  $|\text{Im}\lambda| < \rho_{k+1} = \rho_k - \Delta$  in terms of the integral norm of  $S$  in the strip  $|\text{Im}\lambda| < \rho_k$ . In order to simplify the formula, we shall write, for the time being,  $S(\lambda) = S(I, \varphi, \lambda)$ . By virtue of the Cauchy integral formula we have

$$\frac{\partial S}{\partial\lambda} = \frac{1}{2\pi i} \oint_{\Gamma} \frac{S(\lambda + \zeta)}{\zeta^2} d\zeta$$

where the contour  $\Gamma$  is a circle of radius  $\Delta$  with the center at the point  $0$ . Therefore

$$\left\| \frac{\partial S}{\partial\lambda} \right\| = \frac{1}{2\pi} \sup_{|\text{Im}\lambda| < \rho_{k+1}} \int_{-\infty}^{\infty} \sup_{I, \varphi} \left| \oint_{\Gamma} \frac{S(\lambda + \zeta)}{\zeta^2} d\zeta \right| d\lambda$$

Changing the order of integration, we obtain

$$\left\| \frac{\partial S}{\partial\lambda} \right\| \leq \frac{1}{2\pi} \oint_{\Gamma} \left( \sup_{|\text{Im}\lambda| < \rho_{k+1}} \int_{-\infty}^{\infty} \sup_{I, \varphi} |S(\lambda + \zeta)| d\lambda \right) \frac{|d\zeta|}{|\zeta|^2} = \frac{\|S\|}{2\pi} \oint_{\Gamma} \frac{|d\zeta|}{|\zeta|^2} = \frac{\|S\|}{\Delta}$$

Estimating now  $\|S\|$  in terms of  $\|\Phi_1^{(k)}\|$  and using (4.4), (4.6) we find, that at the

$(k+1)$ -th step of the procedure

$$\left\| \frac{\partial S}{\partial \lambda} \right\| \leq \frac{2\pi}{\Delta \phi} \|\Phi_1^{(k)}\| \quad (4.13)$$

Finally, estimating  $\|\Phi_1^{(k+1)}\|$  and using (2.3), (4.13), (4.4), (4.5), (4.7) and (4.11), we obtain

$$\|\Phi_1^{(k+1)}\| \leq 1/4 \|\Phi_1^{(k)}\|$$

Therefore

$$\|\Phi_1^{(N)}\| \leq \left(\frac{1}{4}\right)^N \|\Phi_1\| = O\left(\exp\left(-\frac{c_1}{\varepsilon}\right)\right) \sup_{|\operatorname{Im} \lambda| < \rho} \int_{-\infty}^{\infty} \left| \frac{d\xi}{d\lambda} \right| d\lambda = O\left(\exp\left(-\frac{c_1}{\varepsilon}\right)\right)$$

Q.E.D.

Let us now study the variation of the adiabatic invariant over an infinite period. Let us denote by  $J, \psi$  the variables introduced at the  $N$ -th step of the procedure. The domain of variation of these variables contains the region

$$|J - I_0| < 1/2\sigma_0, \quad |\operatorname{Im} \psi| < 1/2\sigma_0$$

Let  $J(\lambda), \psi(\lambda)$  denote the initial solution  $I(\lambda), \varphi(\lambda)$  in terms of the variables  $J, \psi$ . Since  $d\xi/d\lambda \rightarrow 0$  as  $\lambda \rightarrow \pm\infty$ , the substitution  $I, \varphi \rightarrow J, \psi$  tends to become an identity when  $\lambda \rightarrow \pm\infty$ . This implies that

$$J_{\pm} = \lim_{\lambda \rightarrow \pm\infty} J(\lambda), \quad J_{\pm} = I_{\pm}.$$

exist. Now,

$$\Delta I = J_+ - J_- = - \int_{-\infty}^{\infty} \frac{\partial \Phi_1^{(N)}(J(\lambda), \psi(\lambda), \lambda)}{\partial \psi} d\lambda$$

By virtue of the Cauchy inequality we have, for real  $\psi$ ,

$$\left| \frac{\partial \Phi_1^{(N)}}{\partial \psi} \right| \leq \frac{2}{\sigma_0} \sup_{|\operatorname{Im} \psi| < 1/2\sigma_0} |\Phi_1^{(N)}|$$

and this yields

$$\Delta I = O(\|\Phi_1^{(N)}\|) = O(\exp(-c_1/\varepsilon))$$

Q.E.D.

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